



The Lion's Roar

Community Newsletter: Week Of April 7th

MCAVINNUE'S PRINCIPAL'S MESSAGE

Hello McAvinnue Community!

What a super busy week at McAvinnue! It always seems to feel this way when we launch into the month of April with so many important initiatives occurring at once! It was great that our students did have a chance to get outside for some fresh air even though the overall weather was not fantastic this week with some rainy conditions on Thursday. Please keep an eye out for the daily weather forecast each day so that you can ensure that your child is appropriately dressed to match the outside conditions. The predicted temperatures this week will start in the 40s and not get much warmer than the low 50s! It is definitely sweatshirt and light jacket weather!



This past week began with our Grade 3 students engaging the MCAS testing on Wednesday and Thursday. The focus of this round of testing was English Language Arts (ELA). Overall, they did amazing and really worked hard on their first time completing this important assessment. We can't wait to see how well they did!

Grade 4 will be up this week for their round of ELA MCAS testing. We will mirror what the testing schedule this past week and host two sessions on Wednesday, April 9th and Thursday, April 10th. Again, the focus of the each of the testing sessions will be English Language Arts (ELA). After this round of testing is complete, we will not participate in another MCAS testing session until early

May. The focus of these testing sessions for our Grade 3 and 4 students will be Math. Stay tuned for more information in the up and coming weeks!

We kicked-off the MCAS testing for this school year with an amazing breakfast for our Grade 3 students on this past Tuesday! We had special ordered pancakes, bacon, sausage, yogurt cup, fresh fruit, and warm maple syrup! Our Grade 4 students will launch this up and coming week with the same special breakfast on Tuesday, April 8th.

We also had an amazing MCAS "Pump Up Pep Rally" for our Grade 3 and 4 students on Monday. We featured a brand new video that our students really loved! You can check out the video below! It is so great to see our amazing school spirit and support for our students!

Early reminder for everyone...we will launch into "Spring Break" on Monday, April 21st - Friday, April 25th. All schools that make up the Lowell Public School District will be closed on this week. We will open our doors again on Monday, April 28th at 9:10 AM.

I do hope that everyone is planning on having some fun and relaxation during the much needed and deserved "Spring Break" as we gear up for the home stretch of the school year when we return!

We are looking forward to another successful week at the "best school that we all know"!

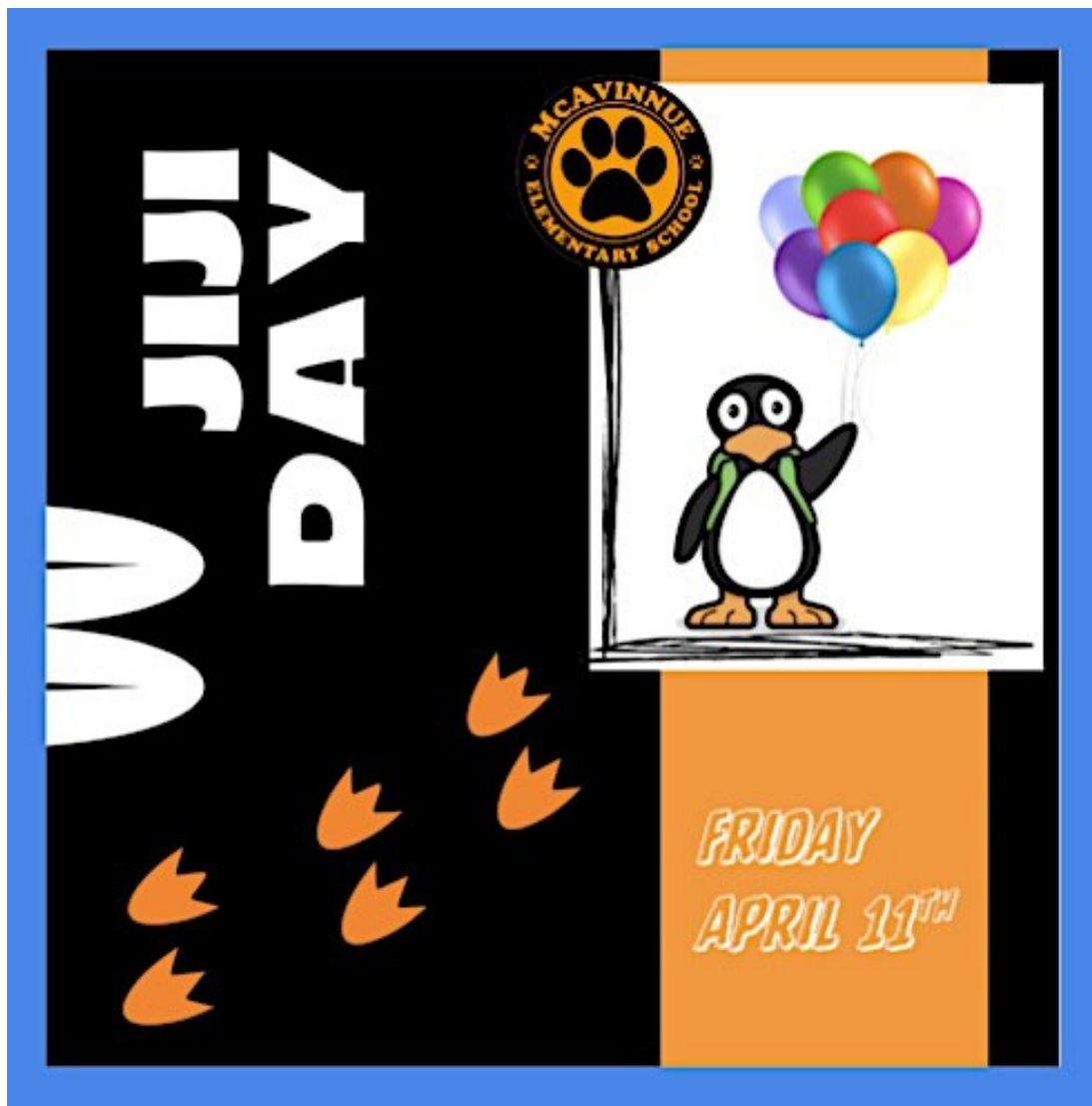
If you have any questions, please don't hesitate to reach directly.

Here are a few items that you need to be aware of. Please mark your calendars for the following events and activities at McAvinnue for the next few weeks:

- **Monday, April 7th - McAvinnue Reopens @ 9:10 AM**
- **Tuesday, April 8th - MCAS "Pump Up" Breakfast - Grade 4 @ 9:30 AM - 10:00 AM**
- **Wednesday, April 9th - Grade 4 ELA MCAS: Session 1**
- **Thursday, April 10th - Grade 4 ELA MCAS: Session 2**
- **Friday, April 11th - "ALICE" School Response Safety Drill @ 10:00 AM - 10:15 AM**
- **Friday, April 11th - ST Math's "JiJi Day"**

If you have any questions, please don't hesitate to contact the Main Office at McAvinnue or send Mr. Domina a message a mdomina@lowell.k12.ma.us.

ST Math "JiJi Day" - Friday, April 11th



Friday, April 11th is "JiJi Day"...this is a day to honor our math journeys and celebrate all the growth and grit we've shown this year. With just over 40 days left in our ST Math adventure, this is a perfect time to keep the energy high!

Please plan to wear, black, white, and orange to school on Friday, April 11th!

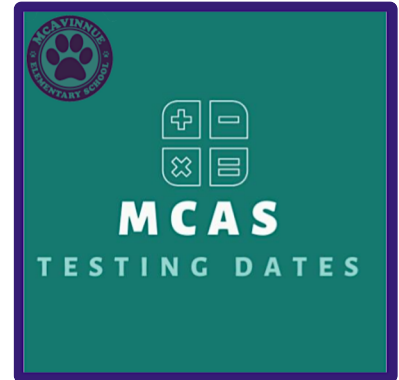
McAvinnue's MCAS "Pump Up" Pep Rally Video 2025

McAvinnue's MCAS "Pump Up" Pep Rally Video 2025

McAvinnue's "Pump Up" Pep Rally
2025

2025 MCAS Testing Dates: Grades 3 - 4

We have scheduled McAvinnue's MCAS dates for this school year. Please see the dates below for both Grade 3 and Grade 4.



ELA

- Grade 4 ELA - April 9th (Session 1); April 10th (Session 2)
- Grade 3 ELA Make Up Sessions - April 11th & 14nd

Math

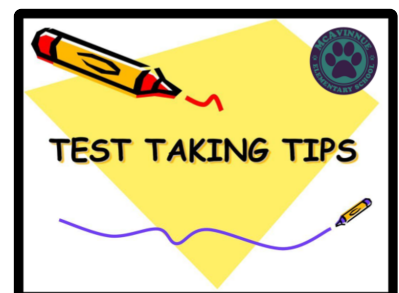
- Grade 3 Math - May 7th (Session 1); Math 8th (Session 2)
- Grade 3 Math Make Up Sessions - Math 9th & 12th
- Grade 4 Math - May 13th (Session 1); May 15th (Session 2)
- Grade 3 Math Make Up Sessions - May 16th & 19th

It's important that ALL of our students attend on the days that their grade level is testing. Being rested, on time, and fully prepared is essential for students to "show what they know" and do their very best!

If you have any questions, please reach out directly to your child's teacher for additional information.

MCAS Test Taking Tips

Here are some simple but effective testing taking tips in preparation for the up and coming MCAS testing for our Grade 3 and 4 students.



Mark your calendar for testing dates

Testing dates can be found above.

Don't stress your kids out

A parent's nervousness could really add to any stress that your child might already be feeling. If s/he isn't worried, you could make him worried.

Get good sleep before a test

Getting good sleep every night is a good strategy. Before a test it is even more important. They will be able to focus and concentrate better when they are well rested.

Eat a good breakfast before a test

Avoiding sugary or heavy foods is important. Having whole grains, fruits, yogurt, and/or eggs will give kids the fuel they will need during the test.

Choose clothes that will be comfortable and not distraction

Kids don't need to be adjusting their clothing during the test. Clothes with itchy textures that will cause kids to want to scratch will break their concentration. Clothes with Velcro closures, zippers or buttons that kids will want to open and close can be a distraction too.

Try to make the time before testing stress free

Having everything ready to go to in your kid's backpack before the rush out the door will cut down on everyone's frustration. Snacks/lunches can be made the night before. Clothes can be laid out early too.

Make sure you child has taken all their medications

You will want to make sure that the medications that help them with medical issues are doing their job. Not having them could lead to health issues coming up during the test.

Be on time for school

Being on time will give your children a chance to become familiar with the testing location and help them stay calm.

Give your child a positive message to start the day

Take the time to let them know you believe in them.

Remind your child to do their best

Sometimes this simple reminder helps kids really try on tests.

Practice taking deep breathes to relax

If your children tend to get stressed out about test, show them how to take deep relaxing breaths. It can really calm kids down.

Remind your child to listen and read all directions carefully

Different tests can have very different directions. It is so important to listen and read over directions.

Remind them to use their time wisely

If they get to something they don't know, they can make an educated guess and move on. Students can get bogged down at the beginning of a test. They get very frustrated when others finish much earlier. They get worried about finishing the test. This one of those testing taking strategies you don't want to skip. Kids need to know that everyone works at their own pace and that it's okay for them to finish whenever they are ready. MCAS tests are untimed, so students can have as long as they need.

McAvinnue's Week In Review



McAvinnue's "Artist of the Week"

McAvinnue's "Artist of the Week" is Asma in Room 302! She created depth of space using different size birch trees. She is using a "wet on wet" watercolor technique to blend paint in the grass and sky. What an amazing Spring landscape!



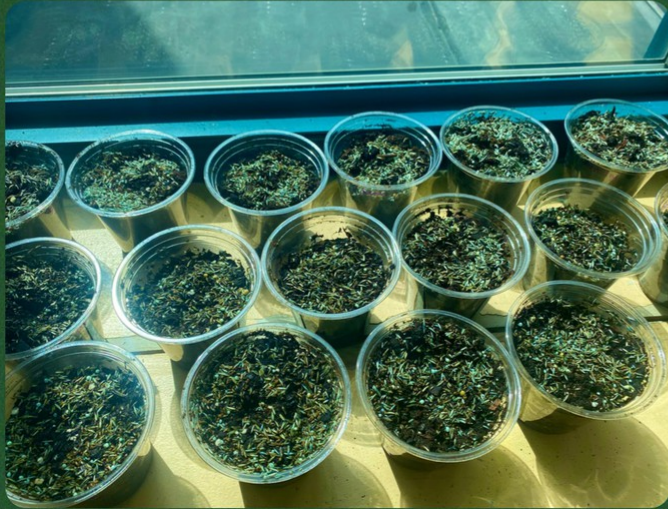


Grade 3 MCAS "Pump Up" Breakfast

Grade 3 students enjoyed an amazing MCAS "Pump Up" Breakfast on Tuesday right before they started their English Language Arts (ELA) MCAS testing!

We had special ordered pancakes, bacon, sausage, a yogurt cup, fresh fruit, and warm maple syrup! Delicious! #McAvinnuePride





"Grassheads" Have Returned To McAvinnue!

The now famous "Grassheads" are back at McAvinnue! Mrs. Patterson is working with students during STEAM Studio focusing on the seed sprouting process is called germination.

Stay tuned for some growth updates over the next few weeks! #McAvinnuePride





Bird Beak Fun!

Grade 1 students in Room 202 had a fun time learning about various bird beak types...and how this impacts their ability to obtain food!

Allergies? Asthma? Medications? - Please Let Nurse Danielle Know!

If your students have any medical concerns or diagnosis, please make sure Nurse Danielle is aware. Also, if they have any medical conditions, for example allergies or asthma, that require medications such as Epipens or inhalers here at school, please remember she needs updated paperwork and medication yearly.

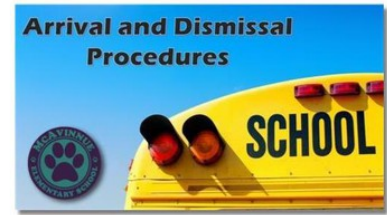


Please reach out as soon as possible to get her the necessary paperwork and to arrange drop off of new medications. Nurse Danielle's email address is dralls@lowell.k12.ma.us and she can also be reached by calling (978) 937-2871 ex. 47858. Our fax number is (978) 937-2880.

Drop-Off & Pick-Up Logistics

Drop-Off Logistics

- Arrival begins at 9:10 AM each day. The late bell rings at 9:25 AM.
- Please pull up to the 4th Avenue side of the building when dropping off your child.
- As you approach the 4th Avenue sidewalk, a faculty member will greet and support getting your child safely out of the vehicle.
- This area is a drop off area ONLY. You will not be permitted to park in this location.
- Please be sure to drive all the way down to the end of the sidewalk so we can fit as many vehicles in this location as possible.
- Ensure your child is ready to go and do not get out of the car so we can keep traffic moving.
- Students accessing our CSA program will be dismissed out the 4th Avenue door near the rear of the school building by the exit driveway.
- Large bus students will enter using the back door located in the rear of the school building.
- Small bus and van transportation students will use the 4th Avenue door near the rear of the school building by the exit driveway.



Morning Lining Up Locations

- Grade 1, 3, and 4 students will use the Main Door to enter the school building.
- Grade 2 will use the 4th Avenue doorway near the front of the school to enter the building.
- PreK & Kindergarten will use the Early Childhood door to enter the building. This door is located to the right of McAvinnue's Reading Garden and to the left of the Main Door.

Pick-Up Logistics

- Grade 1 will be dismissed out the Main Door.
- Grades 2, 3, and 4 will be dismissed out the 4th Avenue door near the front of the school.
- Kindergarten students will be dismissed out the Early Childhood door. This door is located to the right of McAvinnue's Reading Garden and to the left of the Main Door.
- Students accessing our CSA program will be dismissed out the 4th Avenue door near the rear of the school building by the exit driveway.
- PreK students will be dismissed out the 4th Avenue door near the rear of the school building by the exit driveway. Please contact Ms. Annie for the specific dismissal time.

Bus Transportation Information

School bus transportation is provided to students in grades K-4, who live greater than .75 mile from their residence or alternate address to their assigned school. Middle school students (grades 5-8) must live greater than 1.5 miles from their residence or alternate address to their assigned school.



Kindergarten through 4th grade students will receive a printed bus pass via postal mail. These passes were mailed out on August 23rd. You can also look up your student's bus pass information by using their Student ID for the username and date of birth for the password at the link below. This is the same information that students use to log in to their Chromebooks for school.

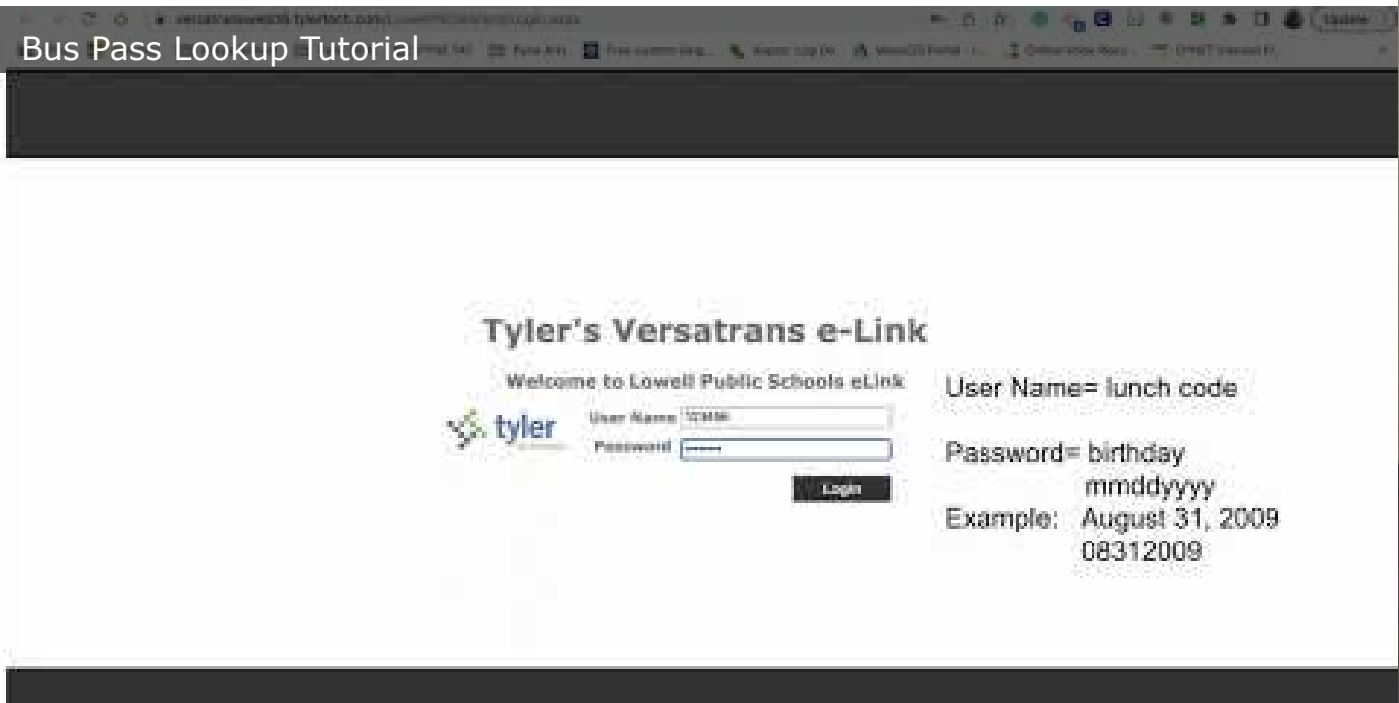
Please note that Kindergarten and 1st grader students **must** have an older sibling (4th grade or older) or parent present at the bus stop in the afternoon in order to depart from the school bus. If a parent or older sibling is not present, the student will be brought to the Moody School, located at 158 Rogers Street. A driver's license or valid identification must be presented to the staff in order to dismiss the student.

You can use the LPSD "Bus Lookup Tool" using the link below. You will need to use you child's LASID or lunch number along with their birthdate to access this helpful system.

There also is a helpful video that you can watch that will walk you through the process.

[Click Here For The LPSD "Bus Lookup Tool"](#)

You will need to have your child's LASID or lunch number to access the most up to date bus information for your child. Please keep in mind that this number is also used to log into your child's borrowed device.



Is Your Bus On Time?

The Lowell Public Schools Transportation Department has added a live spreadsheet to its webpage that indicates in the AM or PM if a school bus (grades K-8) is running late and by how long.

Check it out today: <https://www.lowell.k12.ma.us/Page/5990>





Physical Education Class Information With Ms. Rindo

Here is information regarding when each grade level and homeroom has weekly Physical Education Class with Ms. Rindo.

Please ensure that your child wears sneakers on their assigned day in the gymnasium so that can fully participate.

Kindergarten- Physical Education Class



Monday	Tuesday	Wednesday	Thursday	Friday
	Ms. Pepper 205	Mrs. Lewis 206	Mrs. Zalkos 207	Ms. Martineau 208

 Please remember to wear your sneakers!
¡Por favor recuerda usar tus zapatos de deporte! 

Kindergarten

Grade 1- Physical Education Class



Monday	Tuesday	Wednesday	Thursday	Friday
Mrs. Gervais 204		Ms. Corio 201	Mrs. Joyce 202	Ms. Wagner 203

 Please remember to wear your sneakers!
¡Por favor recuerda usar tus zapatos de deporte! 

Grade 1

Grade 2- Physical Education Class



Monday	Tuesday	Wednesday	Thursday	Friday
Mrs. Ubele 101	Mrs. Makumbi 102	Ms. Carrucini 103	Ms. Michaud 104	

 Please remember to wear your sneakers!
¡Por favor recuerda usar tus zapatos de deporte! 

Grade 2

Grade 3- Physical Education Class



Monday	Tuesday	Wednesday	Thursday	Friday
Mrs. Abrams 302	Mrs. Cutrumbes 303	Mrs. M-C 304		Ms. Ryder 301

 Please remember to wear your sneakers!
¡Por favor recuerda usar tus zapatos de deporte! 

Grade 3

Grade 4- Physical Education Class



Monday	Tuesday	Wednesday	Thursday	Friday
Ms. Clemente 309	Mrs. Leczynski 310		Mrs. Figueiredo 307	Mrs. McCann 306

 Please remember to wear your sneakers!
¡Por favor recuerda usar tus zapatos de deporte! 

Grade 4

CSA- Physical Education Class

Tuesday	Wednesday	Thursday
Mrs. Pastor 108	Mrs. Orozco 109	Mrs. Irwin 211

 Please remember to wear your sneakers!
¡Por favor recuerda usar tus zapatos de deporte! 

CSA

McAvinnue's Yoga Pose Of The Week: "Rock The Baby"

We will practice a brand new technique called the "Rock The Baby" for this up and coming week! This new pose will allow us to release tension through a lower body stretch that will improve our overall posture! We will practice the "Rock The Baby" technique daily during our "Virtual" Morning Announcements during this up and coming week on Monday, Wednesday, and Friday.



You can get an early head start and practice this technique before we launch into another exciting week!

Rock the Baby

Release tension.
Lower body stretch. Posture prep.



1. Begin by sitting up tall in Sitting Mountain.
2. Lift your right foot up onto your left knee and flex your foot to engage your foot and leg. Hold onto your foot with your left hand and take your right knee into your right hand.
3. Keeping your spine nice and straight, lift your right leg up and in toward your chest to cradle it like a baby. Gently rock your baby from side to side.
4. Gently release your leg. Switch legs to rock your other baby.



- **Breathe-a-Rock.** Close your eyes and match the rhythm of your rocking to your breath. For example, inhale to the count of four rocks, then exhale to the count of four rocks. Repeat several times before opening your eyes to notice how to feel. Switch legs.
- **Rock-a-Bye Baby.** You know how it goes! Sing it out while rocking your baby from side to side. Release your leg at "...cradle and all." Switch legs.



Upcoming Events



#McAvinnuePride

Here are important dates to remember for the month of April:

- ***Monday, April 7th - McAvinnue Reopens @ 9:10 AM***
- ***Tuesday, April 8th - MCAS "Pump Up" Breakfast - Grade 4 @ 9:30 AM - 10:00 AM***
- ***Wednesday, April 9th - Grade 4 ELA MCAS: Session 1***
- ***Thursday, April 10th - Grade 4 ELA MCAS: Session 2***
- ***Friday, April 11th - "ALICE" School Response Safety Drill @ 10:00 AM - 10:15 AM***
- ***Friday, April 11th - ST Math's "JiJi Day"***
- ***Friday, April 18th - Good Friday Holiday - No School***
- ***Monday, April 21st - Friday, April 25th - Spring Break (All Schools Closed)***
- ***Tuesday, April 22nd - Friday, April 25th - McAvinnue's April Vacation Program***
- ***Monday, April 28th - Dentist @ McAvinnue***
- ***Wednesday, April 30th - McAvinnue's "Lions Pride" Core Value All School Celebration: April Edition @ 9:30 AM - 10:15 AM***

No School - Good Friday: April 18th

GOOD FRIDAY



NO SCHOOL FRIDAY, APRIL 18TH



#MCAVINNUEPRIDE

No School - Spring Break: April 21st - 25th

"SPRING BREAK"

Monday, April 21st - Friday, April 25th

*****All Lowell Public Schools Will Be Closed For The Week*****



#MCAVINNUEPRIDE

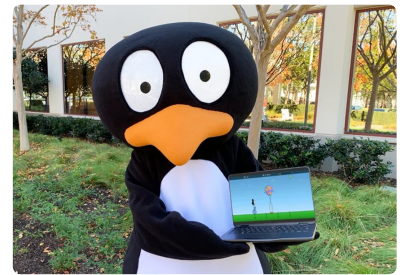
McAvinnue will be closed for "Spring Break" on Monday, April 21st - Friday, April 25th. There will be no before or after school programming during this week.

We will open our doors again on Monday, April 28th at 9:10 AM.

Enjoy the time off doing things that you love the most...and we look forward to catching up with everyone when we return for the home stretch of the school year!

ST Math Weekly Progress!

We've made amazing strides in ST Math, and it's time to celebrate our progress! As a school, we've now solved over 770,000 puzzles and increased our overall progress to 79% –incredible work by our students and all of you who guide and motivate them each day!



March Mathness Challenge Recap Our school-wide ST Math March Mathness Challenge has officially wrapped up, and the numbers are exciting! During the challenge, students solved over 130,000 puzzles and rose by 11%! Full details for classroom basketball earnings and highlights will be revealed next week!

Looking Ahead: JiJi Day! Friday, April 11th is JiJi Day—a day to honor our math journeys and celebrate all the growth and grit we've shown this year. With just over 40 days left in our ST Math adventure, this is a perfect time to keep the energy high.



STMath



**Over 770,000
puzzles solved**



79%

Average Puzzle Goal Progress



STMath



STMath Champions!



McAvinnue's ST Math
Progress Champions



100%

Diya
Room 309



100%

Yaneicy
Room 309

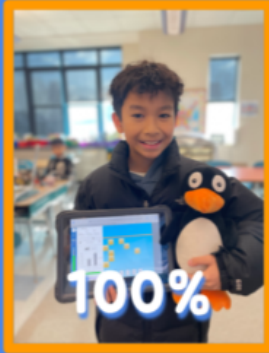


200%

Jostimbel &
Sawyer
Room 309



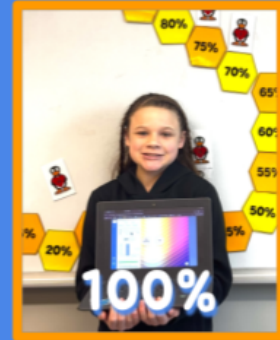
McAvinnue's ST Math Progress Champions



Cody
Room 302



Jaylon
Room 307



Hazelee
Room 307



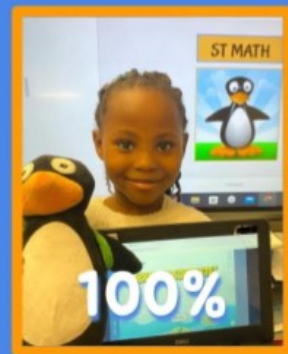
McAvinnue's ST Math Progress Champions



Alex
Room 303



Livia
Room 303



Rejoyce
Room 204



McAvinnue's ST Math Progress Champions



Anthony
Room 103



Rylee
Room 303



Amara
Room 204



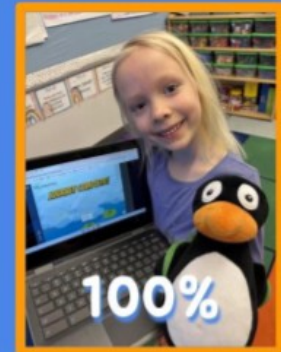
McAvinnue's ST Math Progress Champions



Dhiyaan
Room 103



Landon
Room 205



Emma
Room 201

2024-2025 School Year Calendar

Superintendent of Schools-Lowell Public Schools- Lowell, MA
2024-2025 School Year Calendar

Monday, August 26, 2024	Staff Return to School – Staff Orientation Day
Tuesday, August 27, 2024	First Day of School – Grades 1-12
Friday, August 30, 2024	No School Labor Day Recess
Monday, September 2, 2024 *	No School – Labor Day
Tuesday, September 3, 2024	No School – State Primary Elections
Wednesday, September 4, 2024	First Day of School – Pre-Kindergarten & Kindergarten
Wednesday, October 9, 2024	Wednesday - Early Release for grades PreK-12
Monday, October 14, 2024 *	No School – Indigenous Peoples' Day
Tuesday, November 5, 2024	No School for Students - Election Day -Professional Day for Staff
Monday, November 11, 2024 *	No School - Veterans' Day Observed
Wednesday, November 27, 2024	Early Dismissal – Thanksgiving Recess
Thursday, November 28, 2024 *	No School - Thanksgiving Day
Friday, November 29, 2024 *	No School – Thanksgiving Recess
Monday, December 2, 2024	Schools Re-Open
Wednesday, December 4, 2024	Wednesday - Early Release for grades PreK-12
Friday, December 20, 2024	Winter Vacation Begins at the Close of Day
Tuesday, December 24, 2024*	Christmas Eve
Wednesday, December 25, 2024	Christmas Day
Tuesday, December 31, 2024 *	New Year's Eve
Wednesday, January 1, 2025 *	New Year's Day
Thursday, January 2, 2025	Schools Re-Open
Wednesday, January 8, 2025	Wednesday - Early Release for grades PreK-12
Monday, January 20, 2025 *	No School – Martin Luther King, Jr. Day
Wednesday, February 5, 2025	Wednesday - Early Release for grades PreK-12
Friday, February 14, 2025	Mid-Winter Vacation Begins at the Close of School
Monday, February 17, 2025 *	President's Day [Mid-Winter Vacation: Monday, February 17 – Friday, February 21, 2025]
Monday, February 24, 2025	Monday – Schools Re-Open
Wednesday, March 5, 2025	Wednesday - Early Release for grades PreK-12
Thursday, April 17, 2025	Spring Vacation Begins at the Close of School
Friday, April 18, 2025 *	No School – Good Friday
Monday, April 21, 2025 *	Patriot's Day - [Spring Break: Monday, April 21– Friday, April 25, 2025]
Monday, April 28, 2025	Schools Re-Open
Wednesday, May 14, 2025	Wednesday - Early Release for grades PreK-12
Monday, May 26, 2025 *	No School – Memorial Day
Friday, June 13, 2025	180 th School Day - Early Release for grades PreK-12 on Last Day of School
Thursday, June 19, 2025 *	Juneteenth
Monday, June 23, 2025	185 th School Day [Includes five (5) Snow Days]

Approved by the Lowell School Committee at their meeting of: 4/17/24

Number of School Days Per Month			
August	3	January	21
September	19	February	15
October	22	March	21
November	17	April	16
December	15	May	21
		June	10

* Central Administration, Family Resource Center will be closed in observance of a holiday



2024-2025 LPSD Calendar.pdf

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2025-2026 School Year Calendar



Monday, August 25, 2025	Staff Return to School – Staff Orientation Day
Tuesday, August 26, 2025	First Day of School – Grades 1-12
Friday, August 29, 2025	No School – Labor Day Recess
Monday, September 1, 2025 *	No School – Labor Day
Wednesday, September 3, 2025	First Day of School – Pre-Kindergarten & Kindergarten
Tuesday, September 9, 2025	No School – Local Primary Elections – Professional Day for Staff
Wednesday, October 8, 2025	Early Release for grades K-12 (No School PK)
Monday, October 13, 2025 *	No School – Indigenous Peoples' Day
Tuesday, November 4, 2025	No School - Election Day
Tuesday, November 11, 2025 *	No School - Veterans Day Observed
Wednesday, November 26, 2025	Early Dismissal – Thanksgiving Recess (No School PK)
Thursday, November 27, 2025 *	No School - Thanksgiving Day
Friday, November 28, 2025 *	No School – Thanksgiving Recess
Monday, December 1, 2025	Schools Re-Open
Wednesday, December 3, 2025	Early Release for grades K-12 (No School PK)
Friday, December 19, 2025	Winter Vacation Begins at the Close of Day
Wednesday, December 24, 2025 *	Christmas Eve
Thursday, December 25, 2025 *	Christmas Day
Wednesday, December 31, 2025 *	New Year's Eve
Thursday, January 1, 2026 *	New Year's Day
Monday, January 5, 2026	Schools Re-Open
Wednesday, January 14, 2026	Early Release for grades K-12 (No School PK)
Monday, January 19, 2026 *	No School – Martin Luther King, Jr. Day
Wednesday, February 4, 2026	Early Release for grades K-12 (No School PK)
Friday, February 13, 2026	Mid-Winter Vacation Begins at the Close of School
Monday, February 16, 2026 *	President's Day [Mid-Winter Vacation: Monday, February 16 – Friday, February 20, 2026]
Monday, February 23, 2026	Monday – Schools Reopen
Wednesday, March 4, 2026	Early Release for grades K-12 (No School PK)
Friday, April 3, 2026 *	No School – Good Friday
Friday, April 17, 2026	Spring Vacation Begins at the Close of School
Monday, April 20, 2026 *	Patriot's Day – [Spring Break: Monday, April 20– Friday, April 24, 2026]
Monday, April 27, 2026	Schools Re-Open
Wednesday, May 13, 2026	Early Release for grades K-12 (No School PK)
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Approved by the Lowell School Committee at their meeting of:
April 2, 2025

* Central Administration & Family Resource Center will be closed in observance of a holiday

Number of School Days Per Month	
August	3
September	20
October	22
November	16
December	15
January	19
February	15
March	22
April	16
May	20
June	12



2025-2026 LPSD Calendar.pdf

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McAvinnue's Morning Announcements

McAvinnue's "Morning Announcements" are back once again for the 2024-2025 academic school year! We are excited to bring these back starting on Monday, September 16th!

Like we had successfully done during previous school years, a new edition of McAvinnue's "Virtual" Morning Announcements will be presented to our students on Monday, Wednesday, and Friday each week. We will continue to use Tuesday and Thursday each week to be used for "Open Circle"....our Social Emotional Learning (SEL) program that focuses on community building, prosocial decision making, and appropriate responses to daily stressors both within the school and home settings.



This will continue to be a great way to bring our school together each day focusing on the same message to get the energy, commitment, and engage up before we launch into another great day at

"the best school we all know".

McAvinnue's Morning Announcements will occur on Monday, Wednesday, and Friday each week.

You can check out current and past editions of McAvinnue's Morning Announcements on our YouTube channel using the link below.

https://www.youtube.com/channel/UC7hxiBuRjqjgqfASI_RLMleQ

You can check out the latest edition of McAvinnue's Morning Announcements below for last school year!

McAvinnue's Morning Announcements 3.31.2025



Parent & Family Resources

LPS "Connector" Newsletter: March Edition

Wondering what is happening across the district? No need to wonder anymore...

Click here to see the latest edition of the LPD "Connector" Newsletter for the month of March.

<https://secure.smore.com/n/8cpbn>

LPS Connector

March 2025



Mental Health Student Support

Lowell Public School Families: We are committed to supporting the overall well-being of our students and believe mental health is an important part of overall health. We currently partner with Cartwheel <https://www.cartwheel.org/> to support the mental health needs of our students via virtual therapy with licensed clinicians.



Up until now, a student had to be identified and referred for these services by our school team. Now, parents/guardians can express interest directly in mental health services for their child. Just fill out this form <https://bit.ly/3QReTok>

Our school staff can still refer a student to Cartwheel with parent/guardian consent. To learn more about this mental health program, check out the flyer below.

Here are some signs to look out for to determine if your child might benefit from mental health support:

- Changes in mood or behavior
- Changes in eating or sleeping patterns
- Declining academic performance
- Withdrawal from friends or activities
- Increased anxiety or stress
- Expressing feelings of sadness or hopelessness
- Experiencing transition (related to life, family, peers, school)
- Exposure to a traumatic event

Supporting Your Child's Mental Health



Oftentimes, families are the first to recognize that their child might need mental health support but aren't sure where to start.

Cartwheel, our partner in supporting the mental health needs of our students, is now offering a way for parents/guardians to directly raise their hand for mental health support for their child.

Just fill out this simple form to inquire about accessing these services.



Cartwheel provides rapid access to evidence-based 1-1 teletherapy, psychiatric evaluations, medication management, parent guidance, and family therapy.

It is easy to access care. Connect via laptop, tablet, or phone. Services are available Mon-Fri, 8am-8pm (some Sat hours). Care provided in multiple languages, including Spanish.

Covered by most insurance plans. Standard co-pays and deductibles apply. Families with Medicaid or no insurance have \$0 out-of-pocket costs.

Signs that your child might need mental health support:

- Changes in mood or behavior
- Changes in eating or sleeping patterns
- Declining academic performance
- Withdrawal from friends or activities
- Increased anxiety or stress
- Expressing feelings of sadness or hopelessness
- Experiencing transition (related to life, family, peers, school)
- Exposure to a traumatic event

I was extremely impressed how fast he was scheduled to see a therapist once the referral was made. Both the therapist and the psychiatrist were absolutely wonderful, created an environment that made my son feel comfortable enough to talk and were so kind and patient. Highly satisfied!"

—Parent

www.cartwheel.org



How it works

- Once you fill out the interest form, your school team will review your submission.
- If your school team believes that Cartwheel is the right fit for your student, they will make a referral.
- Cartwheel will reach out to you via text message to get started.

Some challenges Cartwheel can help your child with:

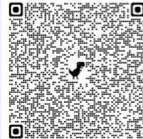
- | | |
|---------------------|--------------------------|
| Anxiety | Coping skills |
| Stress | Motivation |
| Depression | Family and relationships |
| Sadness | Anger |
| Grief or loss | Trauma |
| Low self-esteem | School avoidance |
| Self-harm | Social issues |
| Navigating identity | Sleep issues |
| Technology use | And more... |

First of all, it was so much easier and faster to get set up with Cartwheel than it would have been for us to find a new therapist in the traditional route. My son felt connected to his therapist right away, and we were grateful that a good match was found for him so quickly."

—Guardian



Want to learn more about mental health support for your child?



[Fill Out Form Here](#)

Questions? Please contact a member of your school's team or contact Cartwheel directly by calling/texting (617) 272-7439 or emailing office@cartwheelcare.org.

PreK & Kindergarten Registration 2025-2026

Preschool and Kindergarten Registration for the 2025-2026 academic school year opens February 3rd.

For all the info you need about registration visit: www.lowell.k12.ma.us/registration

You can also check out the flyer below for all of the details.



2025-2026

PRESCHOOL/KINDERGARTEN

REGISTRATION OPENS ON:

FEBRUARY 3, 2025

Lottery dates:

- Round 1 - Register for Pre-K and K on or before April 4th to be eligible for the first round of the lottery on May 2nd.
- Round 2 - Register for K on or before May 16th to be eligible for the 2nd K lottery on June 13th
- Round 3 - Register for K on or before June 27th to be eligible for the 3rd K lottery on July 18th

Families may register online at:

lowell.k12.ma.us

OR in person at the FRC:

151 Merrimack St.

For more information, please visit:

lowell.k12.ma.us/Domain/84

CURRENT PRE-K FAMILIES:

If your child currently attends preschool, you are still required to enroll for Kindergarten.



2025-2026 PRE-KINDER/KINDERGARTEN

LA INSCRIPCIÓN SE ABRE EL:

3 DE FEBRERO DE 2025

FECHAS DE LOTERÍA:

- Ronda 1: registre para Pre-K y K el 4 de abril o antes para ser elegible para la primera ronda de la lotería el 2 de mayo.
- Ronda 2: registre para K el 16 de mayo o antes para ser elegible para la segunda lotería K el 13 de junio.
- Ronda 3: registre para K el 27 de junio o antes para ser elegible para la lotería del 18 de julio.

Las familias pueden registrarse en línea en: lowell.k12.ma.us o en persona en el FRC:

151 Merrimack St.

Para obtener más información, visite: lowell.k12.ma.us/Domain/84

FAMILIAS PRE-K ACTUALES:

Si su hijo actualmente asiste a preescolar, aún debe inscribirse para el jardín de infancia.

2025-2026 PRÉ-JARDIM DE INFÂNCIA/JARDIM DE INFÂNCIA

INSCRIÇÕES ABERTAS EM:

3º DE FEVEREIRO DE 2025

DATAS DO SORTEIO:

- Rodada 1: inscreva-se no Pre-K e K até 4 de abril para ser elegível para a primeira rodada da loteria em 2 de maio.
- Rodada 2: inscreva-se no K até 16 de maio para se qualificar para a segunda loteria K em 13 de junho.
- Rodada 3: inscreva-se no K até 27 de junho para se qualificar para a loteria do 18 de julho.

As famílias podem se inscrever online em: lowell.k12.ma.us ou pessoalmente no FRC:

151 Merrimack St.

Para obter mais informações, visite: lowell.k12.ma.us/Domain/84

FAMILIAS PRE-K ATUAIS:

Se seu filho atualmente frequenta a pré-escola, ele ainda deve se matricular no jardim de infância.

2025-2026 PRÉ-KINDER/KINDERGARTEN

ការចុះឈ្មោះប្រើប្រាស់ (Pre-K) បើ ចុះរាល់ថ្ងៃ ០៩ ខែ ២០២៥

ការចុះឈ្មោះប្រើប្រាស់ (Pre-K) បើ ចុះរាល់ថ្ងៃ ០៩ ខែ ២០២៥

ថ្ងៃទី ៣ ខែ កុម្ភៈ ២០២៥

កាលបរិច្ឆេទនៃការចុះឈ្មោះប្រើប្រាស់:

- ជំហាន ១: ចុះឈ្មោះប្រើប្រាស់ Pre-K ឬ K រាល់ថ្ងៃ ០៩ ខែ ២០២៥ ដើម្បីគ្រប់គ្រងការចុះឈ្មោះប្រើប្រាស់ដំបូងនៅថ្ងៃទី ០២ ខែ ឧសភា
- ជំហាន ២: ចុះឈ្មោះប្រើប្រាស់ K រាល់ថ្ងៃ ១៦ ខែ ឧសភា ដើម្បីគ្រប់គ្រងការចុះឈ្មោះប្រើប្រាស់ដំបូងនៅថ្ងៃទី ១៣ ខែ មិថុនា
- ជំហាន ៣: ចុះឈ្មោះប្រើប្រាស់ K រាល់ថ្ងៃ ២៧ ខែ មិថុនា ដើម្បីគ្រប់គ្រងការចុះឈ្មោះប្រើប្រាស់ដំបូងនៅថ្ងៃទី ១៨ ខែ កក្កដា

គ្រប់គ្រងការចុះឈ្មោះប្រើប្រាស់នៅ:

151 St. Merrimack

សម្រាប់ព័ត៌មានបន្ថែម មើល: lowell.k12.ma.us/Domain/84

គ្រួសារប្រើប្រាស់ Pre-K បច្ចុប្បន្ន:




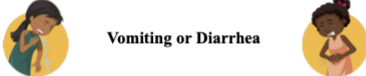





បើកុមាររបស់លោកអ្នកកំពុងចុះឈ្មោះប្រើប្រាស់នៅសាលាប្រឹក្សានិស្សិត លោកអ្នកនៅតែត្រូវចុះឈ្មោះប្រើប្រាស់សម្រាប់សាលាប្រឹក្សានិស្សិត។

Should I Send My Child To School?

Please see the chart below that will help you decide whether you should send your child to school.

If you have any questions or are not sure whether you should send your child to school, please reach out to the school and ask to speak with Nurse Danielle.

SHOULD I SEND MY CHILD TO SCHOOL?

 STAY HOME FOR...	 Students May Return after...
 Fever: temperature of 100.4°F or greater	Fever-free for 24 hours without taking fever-reducing medicine like Tylenol or Motrin
 Vomiting or Diarrhea	Symptom-free for 24 hours
 Skin Rash	Condition has been diagnosed by a doctor, and treatment started if indicated, and doctor's note received by nurse
 Red eyes with eye drainage: yellow or brown drainage from the eyes, crusting at eyelashes	Condition has been diagnosed by a doctor, and treatment started if indicated, with a doctor's note (24 hours on antibiotics if conjunctivitis)
 Live Head Lice	Medicated Lice Shampoo Treatment has been completed, and no live lice are found
 A contagious illness like chickenpox, or strep throat	A doctor or public health official says it is safe to return and/ or the child has been on antibiotics for 24 hours.
 Student's immunizations are not up-to-date and an exclusion notice has been given	Required vaccines have been received





OK FOR SCHOOL!

- Chronic Diseases (Controlled Asthma, Diabetes, Sickle Cell, Epilepsy)
- Mild Cold Symptoms – Stuffy nose/ runny nose, sneezing, mild cough, no fever
 - Menstrual Issues – cramps
- Someone at home is sick, stressed, or hospitalized



¿DEBERIA LLEVAR A MI HIJO A LA ESCUELA?

 Estar en casa para	 Los estudiantes podrán regresar después de...
 Fiebre: temperatura de 38 °C o mas alta	Sin fiebre durante 24 horas, sin haber tomado medicamentos reductores de fiebre como Tylenol o Motrin.
 Vómitos o diarrea	 Sin sintomas durante 24 horas
 Erupción cutánea	Un medico ha diagnosticado la afección y se ha iniciado el tratamiento si es necesario, y la enfermera ha recibido una nota del médico
 Ojos rojos con secreción ocular: secreción amarilla o marrón de los ojos y formación de costras en las pestañas	Un medico ha diagnosticado y comenzado el tratamiento si es necesario, con nota médica (24 horas de antibióticos si es conjuntivitis)
 Piojos vivos	El tratamiento con champu medicado contra piojos se ha completado y no se encontraron piojos vivos
 Una enfermedad contagiosa, como la varicela o la faringitis estreptocócica.	Un médico o un funcionario de salud pública ha indicado que es seguro regresar, y/o el niño ha estado tomando antibióticos durante 24 horas.
 Las vacunas del estudiante no están actualizadas y se ha emitido un aviso de exclusión	Se han recibido las vacunas necesarias



Por Favor, Mande a su hijo/a a la escuela si...

- Enfermedades crónicas (asma controlada, diabetes, anemia de células falciformes, epilepsia)
- Sintomas de resfriado leve: Nariz congestinada, Nariz goteando, estornudos, tos leve, sin fiebre.
- Problemas menstruales: calambres
- Alguien en casa está enfermo, estresado o hospitalizado



DEVO MANDAR MEU FILHO PARA A ESCOLA?

 FIQUE EM CASA POR...	 Os estudantes podem voltar após...
 Febre: temperatura de 38 °C ou acima	Sem febre por 24 horas, sem o uso de medicamentos para reduzir a febre, como Tylenol ou Motrin
 Vômito ou diarreia	 Sem sintomas por 24 horas
 Erupção cutânea	A condição for diagnosticada por um médico, e o tratamento for iniciado, se indicado, e o atestado médico foi recebido pela enfermeira.
 Olhos vermelhos com secreção ocular: secreção amarela ou marrom dos olhos e formação de crostas nos cílios.	Condição diagnosticada por um médico, o tratamento iniciado, se indicado, o atestado médico (24 horas de antibióticos para conjuntivite).
 Piolhos vivos	O tratamento com shampoo terapêutico para piolhos concluído e nenhum piolho ativo for encontrado.
 Uma doença contagiosa, como catapora ou faringite estreptocócica	Um médico ou funcionário de saúde pública afirmar que é seguro retornar e/ou a criança está tomando antibióticos há 24 horas.
 As vacinações do estudante não estiverem atualizadas e um aviso de exclusão foi emitido.	As vacinas exigidas foram tomadas



Por favor, envie seu filho(a) para a escola se...

- Doenças Crônicas (Asma Controlada, Diabetes, Anemia Falciforme, Epilepsia)
- Sintomas Leves de Constipação – Nariz entupido/coriza, espirros, tosse leve, sem febre
- Dificuldades menstruais – dores
- Alguém em casa está doente, estressado ou hospitalizado

Mill City Grows: Mobile Farmers Market

A new year, a new Indoor Mobile Farmers Market season!

Our 2025 Winter/Spring Indoor Markets will run January 16th - April 10th on Wednesdays and Thursdays at [City of Lowell Senior Center](#) and [University Crossing at UMass Lowell](#). Free parking is available at both locations.

All our Markets accept SNAP/EBT, HIP, Apple Pay, WellSense, S3/OTC Healthy Grocery Gift Card, cash, credit, debit, and Mill City Grows eGift Cards.

Get details at MillCityGrows.org/mobile-markets and shop all season long with Mill City Grows!



MillCityGrows.org
978-455-2620

Purchase fresh, locally grown produce
in Lowell, MA, all season long!

2025 Winter/Spring Indoor Mobile Farmers Markets

University Crossing Lobby
220 Pawtucket Street

Biweekly Wednesdays
1pm - 4pm

January 22
February 5, 19
March 5, 19
April 2

Lowell Senior Center Cafeteria
276 Broadway Street

Biweekly Thursdays
10am - 12pm

January 16, 30
February 13, 27
March 13, 27
April 10

We welcome these payment options:

SNAP/EBT, HIP, APPLE PAY, WELLSENSE, MCG E-GIFT CARDS,
CASH, CREDIT, DEBIT, S3 OTC/HEALTHY GROCERY CARD

Free parking near University Crossing for Mobile Market shoppers:

UMass Lowell Salem Street Parking Lot
294 Salem Street, Lowell
(Please look for parking signs)

USDA National Institute of Food and Agriculture
U.S. DEPARTMENT OF AGRICULTURE

BANK OF AMERICA



MDAR

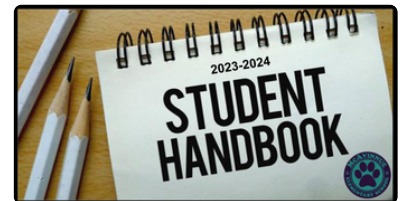


Cummins
Foundation



Student Handbook 2024-2025

The LPS Student Handbook is a great tool to use to fully understand the expectations of the role of our students as well as the partnership needed for our families to ensure that the school year is a great success.



You can access the district elementary student handbook by clicking the button below. You will find various policies and procedures focusing on attendance, grading, discipline, bus expectations, and more.

Please reach out directly if you have any questions.

[Click Here To Access The LPS 2024-2025 Student Handbook](#)

McAvinnue's School Attendance Information

As you are aware, attending school is first step each in the learning process for our students. It is critical that our students arrive to school on time each day so that they can access all of the engaging and meaning lessons that have been planned by our teachers and related service providers.



The McAvinnue Attendance Team will monitor student attendance on a weekly basis and will reach out directly to families when they notice frequent absences, a pattern of absences, or an increased number of consecutive absences within a short period of time.

Please refer to McAvinnue's Student Attendance Booklet below that will provide additional information. This booklet will be sent home with students in multiple languages. It is important that you review this information for your own awareness and to be fully prepared to support your child with the first step of the learning process...attending school on time.

The handbook is provided in three languages below.

1 Honor Punctuality

Every 7 to 20 minutes is a very short time to get to the classroom. Late arrivals interrupt instructional time and are disruptive to the class. Being on time shows respect for the classroom teacher.

It is important that all students develop and demonstrate a sense of responsibility with regard to their school schedule. This will help throughout their life and in the workplace. Being on time shows respect and is a skill that will help them succeed.

There's a goal! There's more.

2 Parent Partnership

We encourage you to become our partners in your child's education. We want you to be involved in your child's learning and to help us provide the best possible education for your child.

There's a goal! There's more.

The McAvinnue Way

- We follow Consistent Interventions
- We believe in a Parent Partnership
- We have 3 School-Based Incentives
- We ask students to Honor Punctuality

Chronic Absenteeism is missing 10% (18 days) of school days for any reason.

It can translate into students having difficulty learning to read by the third grade, as well as difficulty achieving in middle school, and graduating from high school.

Keep count of the absences!

Aug	
Sep	
Oct	
Nov	
Dec	
Jan	
Feb	
Mar	
Apr	
May	
Jun	

English

English

English

1 Intervenciones Consistentes

Política de Asistencia de la Escuela McAvinnue 2024-2025

Para que una ausencia sea considerada una ausencia, debe ser una ausencia no justificada.

Se espera que todos los estudiantes desarrollen un sentido de responsabilidad con respecto a su horario escolar. Esto les ayudará a ser responsables en el mundo laboral cuando comiencen a trabajar.

¿Puede NO dejar a un niño en casa? Siempre que sea posible, los padres deben asegurarse de que el niño llegue a la escuela a tiempo.

Hay metas.

2 Ser Puntuales

Es importante que todos los estudiantes desarrollen un sentido de responsabilidad con respecto a su horario escolar. Esto les ayudará a ser responsables en el mundo laboral cuando comiencen a trabajar.

¿Puede NO dejar a un niño en casa? Siempre que sea posible, los padres deben asegurarse de que el niño llegue a la escuela a tiempo.

Hay metas.

Protocolo de Asistencia

- Seguimos las intervenciones consistentemente
- Trabajamos en equipo con los padres
- Tenemos 3 incentivos de asistencia
- Le pedimos a los estudiantes que sean puntuales

¿Saber que la Ausencia Crónica es difícil de reportar la causa? Puede contribuir a que el estudiante tenga dificultades para aprender a leer, progresar en la escuela intermedia y para graduarse de escuela superior.

Llévate la cuenta de las ausencias!

Aug	
Sep	
Oct	
Nov	
Dec	
Jan	
Feb	
Mar	
Apr	
May	
Jun	

Spanish

Spanish

Spanish

1 Intervenciones Consistentes

Política de Frecuencia Escolar McAvinnue 2024-2025

Para que una ausencia sea considerada una ausencia, debe ser una ausencia no justificada.

Se espera que todos los estudiantes desarrollen un sentido de responsabilidad con respecto a su horario escolar. Esto les ayudará a ser responsables en el mundo laboral cuando comiencen a trabajar.

¿Puede NO dejar a un niño en casa? Siempre que sea posible, los padres deben asegurarse de que el niño llegue a la escuela a tiempo.

Hay metas.

2 Cooperacao dos Pais

Encorajamos que se tornem parceiros na educação do seu filho. Queremos que esteja envolvido no aprendizado do seu filho e que nos ajude a proporcionar a melhor educação possível para o seu filho.

There's a goal! There's more.

Protocolo de Assistência

- Acompanhamos as intervenções de forma coerente
- Colaboramos em equipe com os pais
- Possuímos 3 incentivos de participação
- Pedimos aos estudantes pontualidade

Saber que a Ausência Crônica implica faltar 10% (18 dias) dos dias letivos, independentemente da causa? Pode contribuir para a dificuldade do aluno em aprender a ler, progredir no ensino médio e concluir o ensino médio.

Acompanhe as faltas!

Agosto	
Setembro	
Outubro	
Novembro	
Dez	
Janeiro	
Fev	
Março	
Abr	
Mai	
Jun	

Portuguese

Portuguese

Portuguese

Breakfast and Lunch Will Be Free for All LPS Students

As we reopen for the new school year, Lowell Public Schools Food and Nutrition are "Powering Potential" for students and faculty with innovations in our menus and enhancements to our overall dining operations. When your child dines with us, rest assured that we will be serving delicious, nutritious meals prepared with the utmost attention to safety. We encourage every student to fuel up with breakfast and lunch meals each day so they can be energized and prepared to succeed throughout the day, in and out of the classroom.

Please keep up to date on our program, nutrition education, monthly menus and back to school letters on the [LPS Food and Nutrition website](#).

Any concerns please feel free to email foodservice@lowell.k12.ma.us



GREAT NEWS

**MASSACHUSETTS PASSES
PERMANENT FREE
SCHOOL MEALS FOR ALL**

WHY EAT SCHOOL BREAKFAST + LUNCH?

Better Productivity	improved focus, behavior, & attendance rate.
Better Health	good for the brain & gives students the fuel to learn.
Better Days	one less thing to worry about & it's free!

PROJECT BREAD **desè**

April Breakfast & Lunch Menus

LOWELL PUBLIC SCHOOLS

Breakfast MENU

April 2025 Elementary Breakfast Menu

Check out <https://lowellk12ma.nutrislice.com/> for Menu's, Nutrition Education & Monthly Promotions! Questions or concerns please contact foodservices@lowell.k12.ma.us

All Breakfast items are whole grain. Offered Daily: 1% and Skim Milk and Fresh Fruit All Breakfast is provided free for all students. Menu is subject to change.

aramark This institution is an equal opportunity provider

31 Maple Mini Waffle Assorted Cereal Bowls with Graham Cracker Served with Apples & Pears	1 Bacon, Egg & Cheese Bagel Sandwich Blueberry Muffin Served with Oranges & Juice	2 Breakfast Smoothie Benefit Bar Served with Strawberries & Clementines	3 Sausage, Egg, and Cheese Wake up Wrap UBR Round Served with Fresh Fruit Cup & Juice	4 Cinnamon Roll Bagel with Cream Cheese Served with Apples and Bananas
7 Sausage and Cheese Breakfast Pizza Assorted Cereal Bowls with Graham Cracker Served with Apples & Pears	8 French Toast Sticks Chocolate Chip Muffin Served with Oranges & Juice	9 Sausage, Egg, and Cheese Bagel Betty Crocker Bar Served with Apples & Clementines	10 Blueberry Breakfast Bread Nature Valley Round Served with Fresh Fruit Cup & Juice	11 Mini Cinni Bagel Mixed Berry Yogurt Parfait Served with Apples & Bananas
14 Powdered Sugar Donut Assorted Cereal Bowl with Graham Cracker Served with Apples & Pears	15 Egg and Cheese Wake up Wrap Blueberry Muffin Served with Oranges & Juice	16 National Banana Day! Banana Breakfast Bread Betty Crocker Bar Served with Bananas & Clementines	17 Bacon Egg & Cheese English Muffin Oatmeal Raisin Round Served with Fresh Fruit Cup & Juice	18 Good Friday No School
21	22	23	24	25
Happy Spring Vacation!				
28 Cinnamon Raisin Bagel Assorted Cereal Bowl with Graham Cracker Served with Apples & Pears	29 Sausage, Egg, and Cheese Bagel Sandwich Chocolate Chip Muffin Served with Oranges & Juice	30 Apple Frudel Asst. Cereal Bar Served with Apples & Clementines	1 Egg & Cheese English Muffin Cranberry Oatmeal Round Served with Fresh Fruit Cup & Juice	2 Breakfast Smoothies Bagel with Cream Cheese Served with Apples & Bananas

aramark **ARMARK NUTRITION**

APRIL 2025 Elementary Lunch

Breakfast and Lunch are FREE for all students!
 Our menu consists of Whole Grains, Fresh Fruits and Vegetables.
 Students must take a fruit and/or vegetable with each lunch.
 All meals are served with the option of milk.
 Sunbutter and Jelly Sandwiches and Vegetarian Meals served daily.
 Menus are subject to change.
 V= Vegetarian LG=Locally Grown LTO= Limited Time Offer
 HOTM=Harvest of the Month

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Chicken and Vegetable Dumplings with Veggies Edamame Dumplings with Veggies V Chicken Parm Sub Kale Chicken Caesar Salad LG Ham and Cheese Sandwich Broccoli & Carrots LG Applesauce & Pears	Chicken Fajitas with a Tortilla Black Bean Taco V Hamburgers & Cheeseburgers Pizza Platter Chicken Caesar Wrap LG	Shepherd's Pie with Dinner Roll ² Bosco Cheese Sticks with Marinara Sauce V Kale Chicken Caesar Salad LG Ham and Cheese Sandwich Corn & Carrots LG Bananas & Berry Cup	Wally's Boom'n' Nachos Wally's Boom'n' Bean Nachos V Fish and Chips with Coleslaw and A Dinner Roll Pizza Platter Chicken Caesar Wrap LG Green Beans & Carrots LG Pears & Fresh Fruit Cup	Cheese Pizza V BBQ Chicken Pizza Kale Chicken Caesar Salad with Flatbread LG Ham & Cheese Sandwich Red Pepper Strips & Side Salad LG Apples & Bananas
Baseball Bop! Hamburger & Cheeseburgers with Baked Lays Chips Pizza Crunchers V Asian Chicken Salad with Flatbread V Tuna Salad Sandwich on a Bulkie Roll Green Beans & Side Salad LG Applesauce & Pears	Lowell Grande Nachos Chipotle Cheese Nchos V Crispy Chicken Sandwich Pretzel Platter V Turkey BLT Sub LG	LTO: Turkey Apple Bacon Sandwich Hamburger & Cheeseburgers Asian Chicken Salad with Flatbread V Tuna Salad Sandwich on a Bulkie Roll Cucumbers & Carrots LG Bananas & Berry Cup	Chicken Broccoli Alfredo Pasta Chicken Gyro with Tzatziki Falafel Gyro with Tzatziki V Pretzel Platter V Turkey BLT Sub LG Roasted Veggies & Green Beans Fresh Fruit Cup & Pears	Cheese Pizza V Buffalo Chicken Pizza Asian Chicken Salad with Flatbread V Tuna Salad Sandwich on a Bulkie Roll Red Pepper Strips & Side Salad LG Apples & Bananas
Country Chicken Bowl with a Corn Muffin Country Bowl with Vegetarian Nuggets V Omelette with a Bagel Ham Chef Salad with Flatbread Italian Sub Roasted Potatoes & Carrots LG Apples & Pears	Buffalo Chicken Dip with Tortilla Chips Hamburger & Cheeseburger Black Bean Burger V Bagel Power Pack V Moroccan Harissa Wrap Kickin Beans & Fiesta Corn Clementines & Apples	Happy Banana Day! Laurie's American Chop Suey Waffles with Chicken Sausage or Vegetarian Sausage V Ham Chef Salad with Flatbread Italian Sub Cucumber & Carrots LG Bananas & Berry Cups	HOTM: Loaded Baked Potato ⁷ with a Dinner Roll Crispy Chicken Sandwich Veggie Nuggets with a Dinner Roll V Bagel Power Pack V Moroccan Harissa Wrap Green Beans & Carrots LG Pears & Fresh Fruit Cup	No School Holiday
21	22	23	24	25
Happy Spring Vacation!				
French Toast Sticks with Chicken Sausage Or Vegetarian Sausage V Hamburgers & Cheeseburgers Greek Salad with Flatbread LG Chicken Salad Sandwich on a Bulky Roll Tater Tots & Roasted Butternut Squash Clementines & Apples	Beef Taco Kickin Bean Taco V Crispy Chicken Sandwich Yogurt Dip Platter V Greek Chicken Wrap Chickpea Salad & Fiesta Corn Oranges & Apples	Spicy Chicken Pepperoni Pasta Bake Cheese Quesadilla V Greek Salad with Flatbread LG Chicken Salad Sandwich on a Bulky Roll Cucumbers & Carrots LG Bananas & Berry Cup	General Tso's Popcorn Chicken With Fried Rice Chicken Tenders with a Dinner Roll Veggie Nuggets with a Dinner Roll V Yogurt Dip Platter V Greek Chicken Wrap Green Beans & Carrots LG Pears & Fresh Fruit Cup	Cheese Pizza V Pepperoni Pizza Greek Salad with Flatbread LG Chicken Salad Sandwich on a Bulky Roll Red Pepper Strips & Side Salad LG Apples & Bananas

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April Breakfast Menu - Elementary.pdf

[Download](#)

397.9 KB



April Lunch Menu - Elementary.pdf

[Download](#)

298.3 KB

McAvinnue Spirit Gear By Prep Sportswear

We have an online store if you wish to order any McAvinnue gear! It is open 24 hours per day and there is no due date for orders. Anytime you want to order...on any day!

The company is Prep Sportswear and has been reliable with solid product quality from reputable brands.

There is a 30% off deal occurring now on all items! This is a major discount if you are interested in purchasing McAvinnue merchandise.



Like during previous school years, we are also exploring additional local options to purchase McAvinnue gear. Stay tuned for more information in the month of September.

To access our current online store for McAvinnue spirit gear, please click the link below.

[Click To Access Prep Sportswear Spirit Gear](#)

General Information

How can I update my contact information (phone number/email/address)?

- Go online to the Family Resource Webpage (<https://www.lowell.k12.ma.us/UpdateContactInfo>) and fill out the "contact us" form. Families who don't have access to the internet can fill out the form in person at the Family Resource Center. If an address change is related to economic factors or housing instability (family



moves in with relatives, eviction, hotel/motel, fire or unsheltered, please contact the McKinney Vento Office located at the Family Resource Center in person (151 Merrimack Street), by phone (978-674-4321) or go to the webpage at <https://www.lowell.k12.ma.us/HomelessAssistance>.

How do I update my emergency contacts?

- If you were in the school last year we will send a verification sheet out. if you are new we will send home an emergency form to fill out on the first day of school.

How do I register my child for the new school year?

- All school registrations are completed online using a computer or laptop. You can access the online application by going to <https://www.lowell.k12.ma.us/SchoolRegistration>. If you only have a mobile device and don't have access to a computer or laptop, you can register in person at the Family Resource Center (151 Merrimack Street). Please call the Family Resource Center if you have any questions (978-674-4321).

What should I do if I need to register my child(ren) and I don't speak English?

- The Lowell Public Schools is committed to providing translation and interpretation services for families who require assistance in a language other than English. The online registration application and website is translated in Spanish and Portuguese and can be accessed by going to <https://www.lowell.k12.ma.us/SchoolRegistration>. For all other languages, please call Vannak Khin at (978) 328-6782 to arrange services. In-person language interpretation support for registration can be accessed by visiting the Lowell Public Schools at 151 Merrimack Street. Families can also call the Family Resource Center at (978) 674-4321 to make an appointment with a Bilingual Family Liaison.

How old does my child need to be to enroll in preschool or kindergarten?

- A child must turn 4 years old on or before September 1, 2023, in order to apply for preschool and 5 by September 1 to apply for kindergarten. A family can apply for preschool by going to <https://www.lowell.k12.ma.us/PreschoolRegistration> to fill out an online application or <https://www.lowell.k12.ma.us/KindergartenRegistration> for kindergarten. For registration questions, please call (978) 674-4321.

How do I apply for a transfer for my child to change schools in the new year?

- Per the 2023-2024 School Assignment Policy, all students have the option to request one school transfer per year.
 - Families can apply online at <https://www.lowell.k12.ma.us/SchoolTransfer> or can come to the Family Resource Center in-person to complete the application. Transfers are assigned on a space availability basis.
-

Community Connections & Opportunities



Softball & Baseball Spring Recreation League

With Spring being right around the corner, it's that time of the year again to begin signing up for some Spring Sport options for your child.

Check out the information below for baseball and softball recreation leagues in Lowell. Visit www.lybsl.org or see flyer for more details!

BASEBALL & SOFTBALL REC LEAGUE

Approved by L.P.S.

SPRING 2025

REGISTER NOW AT:
WWW.LYBSL.ORG

LOWELL'S FIRST CITYWIDE BASEBALL AND SOFTBALL REC LEAGUE

T-BALL AGES: 4/5	
INSTRUCTIONAL/COACH PITCH AGES: 5/6	
BASEBALL AGE GROUPS: 7/8, 9/10, 11/12 & 13/16	SOFTBALL AGE GROUPS: 8U, 10U, 12U & 16U

Our website can be translated into multiple languages

- Nuestro sitio web se puede traducir a varios idiomas
- Nosso site pode ser traduzido para vários idiomas
- ເທບ໌ຕີມບສ່ເມັ່ນກອບກຸ່ມຊຸມຊົນ

FIND US ON THE SOCIALS:

Girls Lacrosse Registration Now Open!

Registration is now open for Girls Lacrosse for Spring 2025 for girls in grades K-8 (new K program this year!).

To register: www.lowellgirlslacrosse.com

The season will run from the middle of February to June!

LGL Registration is OPEN for Spring 2025!

LGL Littles (new Kindergarten program for 2025)

Grades 1/2

Grades 3/4

Grades 5/6

Grades 7/8

Season runs mid-February through beginning of June

Register online @ lowellgirlslacrosse.com

Learn more about our programs on LGL's Teams and FAQs pages!

✉ Questions, please email lowellgirlsyouthlacrosse@gmail.com



Lowell Youth Boys Lacrosse Registration Now Open!

Lowell Youth Lacrosse Spring 2025 registration is now open for boys in grades 1-8. To register: <https://lowellyouthlax.com>

Practice session begin in March with game play occurring on Sundays.

Financial aid is available if needed.

LOWELL YOUTH LACROSSE SPRING 2025 REGISTRATION NOW OPEN

UNTIL FEBRUARY 22, 2025

FIRST TIME PLAYERS WELCOME
BOYS GRADES 1-8

FINANCIAL AID
AVAILABLE

PRACTICES BEGIN IN MARCH
GAMES ARE ON SUNDAYS



INQUIRE ABOUT OUR
LEARN TO PLAY
PROGRAM

REGISTER ONLINE TODAY!

www.lowellyouthlax.com



lowellyouthlacrosse@yahoo.com

Made with PosterMyWall.com

Cub Scout Pack 7 Information

Cub Scout Pack 7 is looking for new cubs to join their pack! Tons of fun and learning experiences for all kids in Kindergarten through Grade 5. For more information, visit www.pack7lowell.com

Pack 7 meets at St. Rita's Church directly across from McAvinnue!



Cub Scout Pack 7 is a Family Pack for both girls and boys in kindergarten through fifth grades



In partnership with FEMA—Cub Scouting is offering fun and play filled 'Be Prepared' emergency preparedness programming for youth. Kids will have a great time and learn to Be Prepared via camping, group hiking, learning to use basic tools, archery, developing communication skills and lots of playing.



Visit www.Pack7Lowell.com to find about our next open house or to visit one of our weekly den meetings and learn about the year-long programming.

Meeting Location — St. Rita Hall
(158 Mammoth Rd., Lowell)

www.Pack7Lowell.com

join@pack7lowell.com



Be A Girl Scout

Interested in joining the Girl Scouts Of America? Check out the information below for an event on Tuesday, September 17th at 6:00 PM - 7:00 PM at the Pollard Library in Lowell.

To sign up for Girl Scouts of Eastern Massachusetts, please use the link below.

gsema.org/jion






**Your Year of
Adventure**

- ✓ Hike to the highest point in your town.
- ✓ Learn a new outdoor skill.
- ✓ Take on challenges with confidence.

Each day as a Girl Scout brings thrills and out-of-this-world experiences. Don't miss your chance to make new friends and be part of a journey you'll never forget! Find your squad and get ready for amazing adventures.

Be a Girl Scout
gsema.org/join

girl scouts
of eastern
massachusetts

Start your Girl Scout journey in Lowell at our FREE Try Girl Scouts event!

**Tuesday, September 16
6 - 7 PM**
**Pollard Memorial Library
401 Merrimack Road
Lowell**

*Bring your grown-up(s) along.
Scan code to RSVP or visit
www.gsema.org/eventsup2*




Fall Playgroup Opportunities

The Lowell Public Schools' Coordinated Family and Community Engagement Program holds weekly playgroups for children under 5-years-old and their families.

You can access the registration form below.

[Click Here To Register](#)





Community Resources & Daycare Options for Families

Looking for before or after school daycare options for your child? Here is a short list of options and information for your consideration.

Here is a list of daycare options in Lowell:

- **Community Team Work (CTI):** (978) 454-5100
 - Families who are already enrolled in a CTI program...
 - Call or text school-age coordinators to request a slot
 - Billy 978-995-0028, wma@commteam.org
 - Karen 978-729-7216, kshannon@commteam.org
 - Families who are not enrolled in a CTI program
 - If you've filled out a CTI application in the past...
 - Contact Karen (978) 729-7216, kshannon@commteam.org to see if where you are on the waitlist (if there is a waitlist)
 - If you've never filled out a CTI application...
 - Fill out an application at 17 Kirk St., 126 Phoenix Ave
 - Or call the main CTI number (978) 454-5100 to request an email version of the application.
- **YMCA:** (978) 454-7825; 1 YMCA Dr in Lowell
 - Karen Espinola is the school-age director
 - Fill out a application online or at the YMCA to request a slot
 - Debbie Doben is the preschool director if your child is preschool age
- **Family Childcare:** Call programs to see if they have openings near you
 - Bethel Family Childcare (978) 458-6577
 - Clarendon Family Childcare (978) 454-3026
 - Child Development and Learning (CDE) (978) 275-2843
 - ACRE Family Childcare (978) 937-5899
 - CTI: See above contact information
- **Girls Inc:** (978) 458-6529, 220; Worthen St. in Lowell
 - Accept girls ages 5-14 years old
 - Accept Child Care Circuit vouchers, DCF vouchers, and private pay (income-based, sliding scale)

- Call Pam Lerocque (Director of Finance & Administration) to check on openings
- **Boys and Girls Club:** (978) 458-4526; 657 Middlesex St in Lowell
 - School-age openings for after-school
 - Teens who are working with the Department of Children and Families can call BGC or DCF to see if they're eligible



The Family Leadership Institute

The Family Leadership Institute provides families with the knowledge and skills to partner with schools and communities to ensure their children achieve their full potential.

Throughout the year, the FLI runs a variety of programs including: survival English classes, family college visits, mental health and financial literacy workshops, and more. For more information about the FLI visit: <https://www.lowell.k12.ma.us/Page/5263> or email FLI Director Zoe Dzineku at zdzineku@lowell.k12.ma.us.

Local Food Support

Do you need support with food options for your family. No need to worry...there are many local groups that can offer support for you during your time of need.

Click the link below for a list of local food pantries that are willing to help.

You can also reach out to Mrs. De La Luz, McAvinnue's Social Worker, for support navigating these and other options at adelaluz@lowell.k12.ma.us.





Greater-Lowell-Area-Pantry-List 8-27-20 (1).xlsx

Download
15.0 KB

Community Vaccination Information

Click the link below to see a comprehensive list of local vaccination options for your child.

Please keep in mind that certain vaccinations are required for students to participate in learning at all Lowell Public Schools.

If you have any questions regarding vaccination requirements, please contact Nurse Danielle at the school. She will be glad to help you out and provide you with the information that you require or request.



Community vaccination sites.pdf

Download
1.1 MB

Family Read-A-Loud: "Meet April"

🔗 Kids Read-Aloud Book 🔗 Meet April by April Martin.



Written & Illustrated



McAvinnue's School Website

Check out our school website where you can find a wealth of information including school news, calendars, and other events.

Please visit our website at:

<https://www.lowell.k12.ma.us/mcavinnue>



Follow McAvinnue On Social Media

You can follow McAvinnue on social media at the following sites! We update things daily and this is a great way to stay in touch with all of the amazing things that are happening inside and out of "the best school we all know"!

Click the buttons below to access our social media sites!



[Click To Access McAvinnue's Facebook Page](#)

[Click To Access McAvinnue's "X" \(Twitter\) Page](#)

[Click To Access McAvinnue's Instagram Page](#)

[Click To Access McAvinnue's YouTube Channel](#)



Our Vision

McAvinnue Elementary School is a place...where there are **high expectations**, where students are **academically engaged**, where instruction is guided by a **systematic approach to examine data**, where there is a **multi-tiered system of support**, and where a responsive environment that fosters **social emotional connections** between faculty and students prevails.

#McAvinnuePride #BeTheDifference #NextLevel

Email: mdomina@lowell.k12.ma.us

Website: <https://www.lowell.k12.ma.us/Domain/21>

Location: 131 Mammoth Road, Lowell, MA, USA

Phone: (978) 937-2871

Facebook: [facebook.com/McAvinnueElementarySchool/](https://www.facebook.com/McAvinnueElementarySchool/)

Twitter: [@McAvinnueLPS](https://twitter.com/McAvinnueLPS)



Michael Domina

Michael is using Smore to create beautiful newsletters